

## **Ways parents can help your youth:**

- Support your youth – help them grow into adult expectations
- Don't respond for your youth, but make sure they do! We do most things by email, web and text. Parents are CCed on everything (including texts if they opt in).
- Return GL phone calls and texts- calls are made before the Rockathon, and Prep Retreat- *Have your youth Use this GL as a resource for questions*
- Make sure your youth gets to required meetings and events –
  - Especially the *Prep retreat May 12-14th!*
- Make sure they have a plan and are on track to hit their hours and dollars
- Remember that the \$560 minimum is just a minimum. Our average needs to be \$1000/youth. Please aim for that (or higher!) if you can.
- Support our events- Come and especially invite family and friends!  
*Gala is March 24<sup>th</sup>!*
- Support your youth by attending the commissioning and reporting services. Listen to them share their experiences and encourage them to share them with others.
- Check our website for questions – encourage your youth to bookmark it!  
<http://www.westboroughasp.org>

## **Parents please help youth acquire the following by the prep retreat:**

1. Work shirts with sleeves & jeans/ heavy pants
2. Work boots/socks – *wear them enough to break them in before the week!*
3. A Tool Belt with at least the following:
  - Hammer (14-16 oz claw hammer, either plastic or wood handle is fine)
  - Tape measure 25' or longer
  - Pencil(s)
  - Utility Knife- Retractable
  - Work Gloves-sturdy tight fitting
4. Loose fitting long pants and/or shorts that are mid-thigh length- *your daughters don't own these!*
5. Air mattress/cot- *blow up the mattress 2 days before the trip!*

NO Cami's/Tank Tops; NO Yoga Pants or Leggings

NO clothing expressing alcohol/beer slogans and/or obscenities.

NO Cell phone use on the work site- for free time use only

No bright colored sports bras worn under white shirts (rain)

Shirts with sleeves must be worn at all times

Appropriate Clothes-Must be worn at the retreat and at ASP. Travel days too!

\* Reasons for the Rules- People will know who we are; we represent ASP, Westboro, and FUMC/St Luke's. Be Sensitive to different cultures.