

INDIVIDUAL PACKING INFORMATION

General Guidelines: Please remember that you are representing a faith-based Christian organization (ASP) to the Appalachian community, as well as our churches in Westborough. **Your dress needs to be modest, sensitive to the culture, and safe.** This is true both during the week and on the travel days.

BRING ENOUGH CLOTHES FOR THE WEEK

Laundry facilities are **NOT** available. Work clothes will get dirty, sweaty, painted and tarred. We recommend you pack inexpensive clothing purchased at yard sales or thrift stores and items you would not mind getting really dirty or trashed.

WORK CLOTHES

Shirts with sleeves, long pants, and hard-soled shoes **must** be worn **at all times** at the work site.

- Sturdy pants - jeans/overalls, not sweats/yoga pants and shirts with sleeves
- Hard-soled boots / work boots
- You need a belt or suspenders (or overalls!)
- Hats and/or bandana
- A lightweight long-sleeve shirt in case you're working with insulation or similar
- Bring rain gear. You know, in case it rains. We keep right on working.
- Safety glasses will be issued to everyone; they only work if you wear them!

LEISURE CLOTHES

Pack comfortable, conservative clothing for the center and travel days. Group leaders will consult as necessary (in their sole judgment) on the meaning of "conservative".

- No inappropriate slogans/messages/pictures; if you're not sure, don't wear it. Specifically, no alcohol references or obscenities, but we can find lots of other stuff to object to.
- Shirts must be worn, must have sleeves, and be long enough to reach your pants. This means no camis, tank tops, or sports bras worn as outer garments. *Reach for the sky, touch your toes – if any skin shows, **CHANGE YOUR CLOTHES!***
- Shorts must be at least mid-thigh length
- No yoga pants/leggings/spandex pants or any other variations (at any time)
- No visible undergarments. No bright-colored sports bras under white shirts, etc.
- Flip-flops, sandals, and/or sneakers are fine for leisure time
- A one-piece bathing suit – no promises, but there may be swimming!

BASIC TOOLS

It's hard to accomplish much without them. Make sure your tools are clearly marked so you can separate them from everyone else's. This list is a minimum; bring more (within reason) if you've got it and know how to use it.

- A hammer (14-16 oz clawhammer)
- 25' or longer tape measure

(Packing Information Cont.)

- Pencils
- Retractable utility knife
- Well-fitting heavy-duty work gloves
- Tool belt

For bonus points:

- Cordless drill/driver, with assortment of driver bits
- Speed square

OTHER USEFUL ITEMS

- Air mattress (with pump) or cot. We sleep on floors and floors are hard. Also, space is limited, so make sure it's a twin-size mattress please, no full/queen sized.
- Sleeping bag or sheet/blanket, and pillow. It can get cold in an air-conditioned facility.
- Laundry Bag – made of breathable material like a mesh bag or a pillowcase. The uglier the better, so you know it's your laundry. A black trash bag is not a good idea.
- Towels, soap, shampoo, toothbrush, etc.
- Shower shoes. Because – ick.
- Sunscreen/insect repellent
- Bible/Devotional material
- Musical instruments, suitable for group singing (let a GL know you're bringing it!)
- Clothesline
- A small amount of cash (<\$50) to buy snacks on the travel days or ice cream during the week
- Stuff for free time activities -- balls/frisbees/etc, maybe a deck of cards

DO NOT BRING

- Valuables. ASP center facilities are be shared with community groups and are not guaranteed to be secure. If you don't bring it, you can't lose it. You don't need a ton of cash.
- Laptops/tablets, etc. There's no wi-fi. Plus see the previous bullet.
- Anything that plays music other than through headphones. There's just too many people too close together. While iPods and phones are fine with headphones, they are not to be used during the workday or outside of free time. Plus, see first bullet.
- Individual fans. If ASP staff informs us it's necessary, we'll bring big box fans for the group. We don't have any way to plug in 160 individual fans.

FINALLY....

Mark everything. If it's sitting on a bumper, will we know it's yours? Fingernail polish, electrical or duct tape are great for marking tools. Write your name or at least your initials on all your tools, clothes, sleeping bag, everything. Remember, all your stuff is going to be in vans with everyone else's stuff. If you want it back, mark it. If your parents want it back, mark it.